Irregularity is bad in every department of life, in meals, in sleeping hours, but especially when it is a question of womanly habit. Not only is it a sign of female disease, but, unless cured, it will cause dangerous troubles, because of the poisons thus allowed to remain in the system.

If you suffer in this way, get a bottle of

Mrs. Lucinda Johnson, of Fish Creek, Wis., writes: "I suffered for fourteen (14) years with irregularity, causing great pain. At last I tried Cardul, and now I am cured." At all druggists, in \$1 bottles.

A LETTER Write today for a free copy of valuable 64-page illustrated Book for Women. If you need Medical Advice, describe your symptoms, stating age, and reply will be sent in plain sealed envelope. Address: Ladies Advisory Dept., The Chattancoga Medicine Co., Chattancoga, Tenn.

Borus (struggling author): That last book of mine agreeably surprised you, did it? I am glad to hear that. Nuggus (literary editor): Yes; I expected to devote an entire evening to reading it. It put me to sleep in five minutes, old fellow.-Chicago Tribune.

Cheapest accident insurance-Dr. Thomas' Eclectric Oil. Stops the pain and heals the wound. All druggists

The Thin woman-Why didn't you speak to me on Dexter avenue yesterday?

dear, but you must have been standing sideways.-Montgomery Adver-

W. R. Ward, of Dyersburg, Tenn. "This is to certify that I have used Orino Laxative Fruit Syrup for chronic constipation, and it has proven without doubt to be a thorough, pracreference." E. T. Whitehead Co.

Copenhagen's zoological gardens have recently acquired two expensive apes, and to keep them in good spirits a small boy, whose sole duty is to play with them and keep them amused, has been placed in the cage.

DeWitt's Kidney and Bladder Pills ened kidneys and allay troubles arising from inflammation of the bladder. They are recommended everywhere. Sold by E. T. Whitehead Co.

pipes, ain't there?"-Lippincott's.

Weak women should try Dr. Shoop's Night Cure. These soothing, healing, antiseptic suppositories go direct to the piles, salt rheum, any itching. Doan's seat of these weaknesses. My Book No. 4 For Women" contains many valuable hints to women, and it is free. Ask Dr. Shoop, Racine, Wis., to mail it. Ask the Doctor in strictest confidence, any questions you wish answered. Dr. Shoop's Night Cure is the owner ride in the machine.—New sold by A. C. Peterson.

Lord Lewson-Why, Pat, there used to by two windmills there. Pat globules, easy and pleasant to take. -Thrue for you, sir. Lord Lewson -Why is there but one now. Pat-Bedad, they took one down to have kidneys and bladder. 30 days' trial ous results from a cold. Refuse submore wind for t'other.-London Tit- \$1.00. Guaranteed. Sold by E. T.

Kennedy's Laxative Cough Syrup is the one that children like so well to take as it tastes nearly as good as maple sugar. It is different from the others as it does not constipate, but on sawmill .-- Pittsburg Leader. the other hand it acts gently yet freely on the bowels and thereby drives the cold out of the system. It is sold by E. T. Whitehead Co.

"Did you ask that man why he paid rent instead of owing his own dress, Allen S. Olmsted, Le Roy, N. Y. Headache, Constipation, Stomach, home?" asked one real estate agent. "Yes," answered the other. "He said he didn't. He kept moving."-Washington Star.

To stop any pain, anywhere in 20 minutes, simply take just one of Dr. Shoop's Pink Pain Tablets. Pain means congestion-blood pressurethat is all. Dr. Shoop's Headacheor Pink Pain Tablets-will quickly coax blood pressure away from pain centers. After that, pain is gone.

Wiggs: Emperor Franz Joseph has resigned sixty years. Jiggs: But he hasn't interfered with any ball games.-Cleveland Plain Dealer.

A LESSON IN HEALTH.

Healthy kidneys filter the impurities from the blood, and unless they do this good health is impossible. Foley's whole system. E. T. Whitehead Co.

Mother-It is no use to hide things E. T. Whitehead Co. Tommie, for God sees everything

you do. Tommie-Yes, but He's no tell-

tale. - St. Louis Post-Dispatch.

THINKS IT SAVED HIS LIFE.

Lester M. Nelson, of Naples, Maine, Bays in a recent letter: "I have used Dr. King's New Discovery many years,

The Moral Obligation Remains.

(Washington Gazette.) The State prohibition victory of

with pleasure I offer my conscientious develop the moral obligation that glory to the dead and joy to the justly goes with the prohibition vote living. and so preserve the good that should go with the movement that has been undertaken by those favoring the elimination of the liquor traffic in North Carolina.

If this moral obligation shall be fostered, encouraged to grow, it will not be hard for actual prohibition are prompt and thorough and will in to be the rule in North Carolina and a very short time strengthen the weak- not the exception. The temperance people worked for prohibition to have the cause rewarded as far as possible. The effort to discourage the bringing in of liquor from out-"You must keep your mouth shut side points can prove successful as come on the instep of my foot and ary troubles. At all Druggists or by when you're in the water," said the the moral obligation is proven to could find nothing that would heal it nurse, as she gave little Tommy a the satisfaction and knowledge of until I applied Bucklen's Arnica Salve bath. "If you don't you'll swallow those who voted prohibition. The moral obligation remains for true cure." "Well what of it?" demanded Tom- prohibitionists to foster and develop Whitehead Company's drug store. my. "There's plenty more in the temperance, by example, and not

Ointment. Your druggist sells it.

Kincker-What do you think of the Republican party?

Bocker-The chauffer won't let York Sun.

Act directly on the kidneys purify the blood and invigorate the entire system. Best for backache, lame back, Whitehead Co.

Jinks-Does that woman in the next flat annoy you by her singing? Blinks---No: I'm a bookkeeper in a

ASK FOR ALLEN'S FOOT-EASE, powder for swollen, tired, hot, smart-

"She's very aloof and austere, but asking her how she ever came to marry her dub of a husband."-Louisville Courier-Journal.

WILL CURE CONSUMPTION

preparation for coughs, colds and lung trouble. I know that it has cured Headache, Neuralgia, painful periods consumption in the first stages." You nuder, sah."-Judge. with women, etc., get instant help. 20 never heard of any one using Foley's Tablets, 25c. Sold by A. C. Peterson. Honey and Tar and not being satisfied. E. T. Whitehead Co.

> Mrs. Jones--You seem to have implicit confidence in your husband. Mrs. Smith-Of course, I have. He talked in his sleep.-Chicago News.

Pinules for the kidneys. 30 days' trial \$1.00. Guaranteed. Act direct-Kidney Cure makes sound kidney and ly on the kidneys and bring relief in bladder disease. It strengthens the the first dose for backache, rheumatic pains, kidney and bladder trouble. Invigorate the entire system. Sold by

> Mauriel-Would you marry for money. Carsone-Not I; I want brains. Mauriel-Yes, I should think so, if you don't want to marry for money.-Brooklyn Life.

A GRAND FAMILY MEDICINE. "It gives me pleasure to speak a for coughs and colds, and I think it good word for Electric Bitters," writes I have found it a re- Mr. Frank Conlan, of liable remedy for throat and lung com- ton St., New York. "It's a grand plaints, and would no more be without family medicine for dyspepsia and liver a bottle than I would be without food."

For nearly forty years New Discovery has stood at the head of throat and recommended." Electric Bitters reglung remedies. As a preventive of ulate the digestive functions, purify pneumonia, and healer of weak lungs the blood, and impart renewed vigor it has no equal. Sold under guaran- and vitality to the weak and debilitee at E. T. Whitehead Company's tated of both sexes. Sold under guardrug store. 50c. and \$1.00. Trial antee at E. T. Whitehead Company's drug store. 50c.

True Worth.

(Western Publisher.) It will be but a little while until Tuesday, cannot be all of it. That those who knew us and those who improved in appearance by removing is, a big majority vote for State pro- never heard of us will pass along from the roller, stitching a new hem hibition is practically worthless un- through the green mounds in the on the roller end with a long stitch less there be the same moral work cemetery and read the epitaphs on on the sewing machine, then tack the continued that brought votes to our tombstones. And those who old hem (ripped out) on the roller. the polls. It was a sensational cam- knew us will summarize our entire paign, that which culminated Tues- life into a few essences of truth born curtain stretchers, a good substitute day at the polls. Politician and of the knowledge of how we lived is found in quilt frames. Fasten a preacher, teacher and pupil, farmer, and what we did to help make life pair of curtains at a time, pinning and merchant, Democrat and Repub- brighter and better for others. They every scallop in place, and set where lican, white and black, all were on may add, casually, that we left a the sun and wind will quickly dry. the same side. All worked towards fortune, but they will dwell rather The Fat Woman -Oh, excuse me, a common end, to accomplish the upon the roses we strewed along the are in great demand to serve as jarsame purpose. The result is accom- pathway than upon what we put dinieres. If discolored, scour with a the present aggregation of factors.' plished, which declares for State away in our safety boxes for heirs to strong solution of oxalic acid, using It now remains for the sincere left they will speak no eulogy upon flesh like lime), and burnish with a people, the Christian women and us, but for the good we did and the chamois pad. men, to sustain the vote by demand- perfume of charitableness and gening that the law be upheld when it tleness we left behind, they will goes into effect, and meanwhile to weave the only wreath that can give

> Feel languid, weak, run-down Headache? Stomach "off"? Just a plain case of lazy liver. Burdock Blood Bitters tone liver and stomach. promotes digestion, purifies the blood.

Mother-Oh, Bobby, you naughty boy, you've been smoking! (Pause) Poor darling, do you feel very bad? Bobby (who had been well brought up)-Thank you, I'm dying.-Punch.

Bucklen's Arnica Salve Wins.

Tom Moore, of Rural Route 1, Cochran, Ga., writes; "I had a bad sore Less than half of a 25-cent box won

The Daffodil-Great Pedols! Rosey, old chap, what happened you? Soothes itching skin. Heals cuts or Got the spotted fever. The Rose burns without a scar. Cures eczema, (fiercely)-I've been burbanked that's all.-Puck.

Cured Hemorrhages of The Lungs.

Several years since my lungs were so badly affected that I had many hemorrhages," writes A. M. Ake, of Wood, Ind. "I took treatment with Wood, Ind. several physicians without any benefit. I then started to take Foley's Honey Pinules for Backache, little golden and Tar, and my lungs are now as sound as a bullet. I recommend it in advanced stages of lung trouble." Foley's Honey and Tar stops the cough and heals the lungs, and prevents seristitutes. E. T. Whitehead Co.

> "Tell me, brother, is it possible to let Robert know that I am an heiress?" "Has he proposed to you?" "You." "Well, you may be sure he knows it already."-The Gossip.

Wood's Liver Medicine for the relief of Malaria, Chills and Fever and all ailments resulting from deranged coning feet. Sample sent FREE. Also dition of the Liver, Kidneys and Rlad-Free Sample of the Foot-Ease Sant-der. Wood's Liver Medicine is a tonic TARY CORN-PAD, a new invention. Ad- to the Liver and Bowels, relieves Sick Kidney and Liver Disorders and acts as a gentle laxative. It's tonic effects got her interested." "How?" "By on the entire system felt with the first dose. The \$1.00 size contains nearly 2 1-2 times the quantity of the 50c size. In liquid form. Pleasant to take. Sold by E. T. Whitehead Co.

'Well, what's on the bill of fare A. A. Herren, Finch, Ark., writes: today?" inquired the genial drum-Foley's Honey and Tar is the best mer. "Beg pahdon hah-Ah guess dey's flyspecks. Ah'll git yo' an-

THE BEST PILL EVER SOLD.

"After doctoring 15 years for chrone indigestion, and spending over two hundred dollars, nothing has done me as much good as Dr. King's New Life Pills. I consider them the best pills ever sold," writes B. F. Ayscue, of never turns pale when I tell him he Ingleside, N. C. Sold under guarantee at E. T. Whitehead Company's drug store. 25c.

Hints for the Home.

Old window shades can be greatly

If not the fortunate possessor of

Brass or copper preserving kettles squabble over. For the money we a swab (as the acid eats into the

> Bees Laxative Cough Syrup recomnended by mothers for young and old, is prompt relief for coughs, colds, roup, hoarseness, whooping cough cently laxative and pleasant to take. luaranteed. Should be kept in every household. Sold by E. T. Whiteead Co.

> The Maiden: Don't you dread the approach of summer? The Man: It's not the approach that bothers me; t's the arrival.-Brooklyn Eagle.

HERE IS RELIEF FOR WOMEN.

Mother Gray, a nurse in New York. liscovered an aromatic, pleasant herb ure for women's ills, called AUSTRA-MAN-LEAF. It is the only certain regulator. Cures female weaknesses and Backache, Kidney, Bladder and Urin-

"Do you ever buy poetry?" "Well did buy a copy of Tennyson once," admitted the editor.-Philadelphia

Cloth all Wool and Paint all Paint,

cheaper than shoddy cloth or paint. The L. & M. is Zinc Metal made into Oxide of Zinc combined tonic. It sharpens a failing appetite with White Lead, and then made in- aids digestion, frees sluggish livers and to paint with pure Linseed Oil in kidneys, and brings new life, strength. thousand gallon grindings and mix- and ambition. Test it a few days and ings. Wears long: actual cost only \$1.20 per gallon. L. & M. Pain Agents.

Hardy Hawe. Co., Scotland Neck. R. H. Salsbury & Bros., Hamilton,

The average person thinks he ruthful if he only lies when it's convenient.-New York Press.

OVERTAXED.

Hundreds of Scotland Neck Readers Know What it Means.

The kidneys are overtaxed; Have too much to do. They tell about it in many aches nd pains-Backache, sideache, headache,

Early symptoms of kidney ills. Urinary troubles, diabetes, Bright's

Mrs. R. O. Sadler, 212 So. Church street, Rocky Mount, N. C., says: "I may have given us grace to perform can heartily recommend Doan's Kidney Pills, as I received a great deal of benefit from their use. Before I learned of them, I suffered a great deal from sharp pains in my back and loins. The kidneys were attended with pain. After having read the testimonials of people who had been cured of a similar trouble by Doan's Kidney Pills, I was induced to try them and obtained a box. They helped me at once, banishing the aches and pains and restoring the kidneys to heir normal condition. I feel so much better since using them that I have no hesitency in advising others similarly afflicted to use Doan's Kidney Pills." For sale by all dealers. Price 50c. Fostor-Milburn Co., Buffalo, New York, sole agents for the United States.

Remember the name-DOAN'S -and take no other.

The Cruise of The Fleet.

(Youth's Companion.)

When the American fleet was ordered to the Pacific the manufacture of artificial war-clouds became a busy industry all over the world. Another trade that sprang to prosperity just as the fleet left home was the discovery and explanation of shortcomings in the construction of the battle-ships. War was raging in many minds before the ships got up steam, and the fleet was quite destroyed on paper before it reached the tropics.

In spite of fears, the fleet has managed to stagger along over about fifteen thousand miles of water, and will soon be in San Francisco. Meanwhile peace has smiled again. The South American countries have given officers and men a royal welcome, and the world is in harmony with the sentiments of the Peruvain editor in his greeting to the Americans:

"No technical authority, either military or diplomatic, believes in the probability or imminence of a great war. The United States has many efficacious resources for dissolving or removing indefinitely the the doctors call herdisease. She theratening andapocalyptic specter can't sleep, you know.-Philadelphia of a universal conflagration such as Press. would take place in the world, given

Japan, China and Australia have invited the ships to visit them, the invitations have been accepted, and the course round the world has been announced. After a visit to Puget Sound, the fleet will leave San Francisco early in July for Honolulu and Samoa: thence to Australia, for a visit to the cities of Melbourne and Sydney. Then it will turn northward and go to China and Japan, and to the Philippines for target-practice. The voyage home will be by way of the Suez Canal, and the entire journey will have taken about a year. The first third of it has been prosperous, gratifying to the men of the

fleet and to Americans at home.

If one feels dull and spiritless, in the pring or early summer, they call it Spring Fever." But there is no fever-usually. It is the after effect of our winter habits. The nerves are mostly at fault. Tired, worn-out nerves leave us languid. A few doses Dr. Shoop's Restorative will abso lutely and quickly change all of these depressing symptoms. The Restorative, of course, won't bring you back to full health in a day or two, but i will do enough in 48 hours to satisf you that the remedy is reaching that 'tired spot." Druggists everywhere are advising its use as a splendid and prompt general tonic. It gives more vim and more spirit to the spoonfu than any other nerve or constitutiona be convinced. Sold by A. C. Peterson

Patient Continuance in Well-Doing.

(Daniel Webster.)

A sense of duty pursues us ever. It is ominpresent, like the Deity. If we take to ourselves the wings of the morning and dwell in the utmost parts of the sea, duty performed or duty violated is still with us, for our happiness or our misery. If we say the darkness shall cover us, in the darkness as in the light our obligations are yet with us. We cannot escape their power nor fly from their presence. They are with us in this life, will be with us at its close, and in that scene of inconceivalby solemnity which lies yet further onward, we shall still find ourselves surrounded by the consciousness of duty, to pain us wherever it has been violated, and to console us so far as God

Big cuts or little cuts, small scratches or bruises or big ones are healed quickly by DeWitt's Witch Hazel Salve. It is especially good for piles. Be sure to get DeWitt's. Sold by E. T. White-

Mrs. Baker: My husband costs me a good deal of money. Mrs. Barker: Yes, and he isn't very good to you either. Mrs. Baker: I know it, but I got a dandy lot of wedding presents with him.-New York Times.

Pinesalve Carbolized acts like a poultice. Quick relief for bites and sting of insects, chapped skin, cuts, burns and sores, tan and sunburn. Sold by E. T. Whitehead Co.

AND THE PAIN IS GONE.

A Hair Dressing

Nearly every one likes a fine hair dressing. Something to make the hair more manageable; to keep it from being too rough, or from splitting at the ends. Something, too, that will feed the hair at the same time, a regular hair-food. Well-fedhair will be strong, and will remain where it belongson the head, not on the comb! The best kind of a testimonial-

"Sold for over sixty years." Made by J. C. Ayer Co., Lowell, Mase 9 SARSAPARILLA. UETS PILLS. CHERRY PECTORAL

Mrs. Browns: She's forever complaning, but I think she merely lacks stamina. Mrs. Malaprop: Oh, no; she's got it; at any rate, that's what

READY RELIEF.

I write to say I have suffered intensey with womb trouble for several nonths and could get no relief from any source until a friend told me to ry Dr. Hardy Manning's "Ladies" Relief," which I did and in a short ime it permanently cured me. It is a remarkable remedy, and I feel it my luty to let others know where they can and an absolute cure for that horrible lisease of the womb .- Mrs. B. C. Hamlet, Tarrapin, N. C. Sold by Geo. N. Mumphord, Tillery,

"We don't hear so much nowadays about that liquid air." "No: I guess most of what we used to hear was merely hot air."-Philadelphia Press

"Health Coffee" is really the closest Coffee Imitation ever yet produced. This clever Coffee Substitute was recently produced by Dr. Shoop, of Raine, Wis. Not a grain of real Coffee n it either. Dr. Shoop's Health Cofee is made from pure toasted grains, trons. with malt, nuts, etc. Really it would ool an expert-who might drink it for Coffee. No 20 or 30 minutes tedious "Made in a minute" says the loctor. Sold by Howard Grocery Co.

30 DAYS' TREATMENT FOR \$1.00 Satisfaction guaranteed or money refunded.

FOR ALL KIDNEY BLADDER TROUBLE, RHEUMATISM AND LUMBAGO

- A dose at bed time usually relieves the most severe case before morning.

PINEULE MEDICINE CO. CHICAGO, U. S. A. Sold by E. T. Whitehead & Co.

KILL THE COUCH AND CURE THE LUNGS WITH Dr. King's Discovery AND ALL THROAT AND LUNG TROUBLES. GUARANTEED SATISFACTORY

OR MONEY REFUNDED.



DO YOU WANT A \$1,000.00 ACCIDENT INSURANCE POLICY in one of the strongest companies in America

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On American and European Plan.

Established 1890. A nice Roast Beef Dinner for

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season. We also have a few nicely furnished rooms for our pa-

347 Main Street, Norfolk, Va.

HOLLISTE Rocky Mountain Tea Nuggets A Busy Medicine for Busy A specific for Constitution and Kidney Troubles, Plant in the Land Breath, Sharrashed Backache, Il's Bocky is tform, 25 cents a box. Iollister Daug Company, TOLDEN NUGGETS FOR SALLOW PERM

Largest and Best Equipped Plant in the State.

Chas. Miller Walsh Quarrier and Manufacture

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of Every Description. Freight prepaid on all ship ments. Safe delivery gut

anteed. Write for design and prices. Iron Fencings for Cemetery and other

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Scotland Neck, North Care ManZan Pile Remed



Monuments & Gravestone We pay the Freight, and

Guarantee Safe Delivery. Largest Stock in the South Illustrated Catalogue Free.

The Couper Marble Works, (Established 1848.)

159, 161 and 163 Bank Street, Norfolk, Virgini

DR. MILES' ANTI-PAIN PILLS FOR Headache

NEURALGIA. SCIATICA. RHEUMATISM. BACKACHE. PAIN IN CHEST. DISTRESS IN TAKE ONE STOMACH. of the Little Tablets SLEEPLESSNESS

If you have Headache Try One

They Relieve Pain Quickly, leaving no. bad After-effects

25 Doses Cents Never Sold in Bulk.